



## Transactional Analysis for Better Living

TA 101 is the official introductory course in Transactional Analysis recognized by the International Transactional Analysis Association

FACILITATOR



<https://suriyasunshine.com>

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(Organisational)  
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“Who am I?”

“Why do I behave the way I behave?”

“Why do people treat me the way they do?”

“How do I make my life better?”

“What do I do to improve my relationships?”

“How would I discover and express my full potential?”

If you are asking these questions with respect to your personal and/or work life, then TA 101 will help you find answers to some, if not all, of them.

Eric Berne said, “The destiny of every human being is decided by what goes on inside his skull when confronted by what goes on outside his skull”. In this course you will discover your inner power from the way you relate with yourself and others.

People bring who they are into whatever they do. TA 101 is an insightful experiential workshop, in its nonthreatening characteristic fun way, to explore, gain insights and make changes in your lives – both at home and at work.

*Transactional Analysis (TA) is both a theory of human personality and a system for the improvement of human relations. TA provides a comprehensive model to understand behavioural patterns, communication, interpersonal relationship, motivation, time-structuring, attitudes, conflicts, and life span development for better living. This course will add significant value to your personal and professional competencies and is a pre-requisite for advanced training in transactional analysis leading to regional and international certifications.*

**Date | Time | Venue**

**December 3-4, 2016**

9.30 AM – 6 PM

**Hotel Suba Galaxy**

Andheri East, Mumbai

<https://www.subahotels.com/mumbai-hotels-suba-galaxy/>

Fee: Rs.7900/-

Payable by Cheque favouring “Relations”  
payable at Coimbatore or  
Bank transfer (account details on request)